

The exercise numbers on the video and in the booklet are from the exercise numbers in the book *FRETLESS BASS* which is available from CPP Media: *FRETLESS BASS* (F3108BGXAT with cassette, or F3108BGXCD with CD). Please contact your local music store or call Music Ventures at: 1 (800) 628-1528.

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Steve Bailey *FRETLESS BASS*

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Unit One

Basic Octave Intonation





After awhile you may want to double up the rhythmic values to make the exercises go by a little quicker. Be aware of your right hand finger alternation and you will develop your right hand consistency along with your left hand accuracy.

Unit Two Fifths

Exercise 1: After getting solid octaves under your fingers, the next logical left hand spacing exercise would be concerned with the 5ths. Although not as easy to hear as octaves, they are equally as important. Make sure your shifts are smooth and in time. Remember to practice slowly.



Move these intervals all the way up the fingerboard and back down. Listen carefully for "waves" in pitch. The secret is to adjust immediately! As the intervals become closer (octaves, fifths, etc.), they become increasingly harder to hear in the lower register.

Unit Two

Combination

Exercise 4: This exercise is *much* harder than it appears. Practice very slowly at first, letting notes sustain as long as possible before making a smooth and accurate shift. Fingerings are suggested but feel free to make up your own as long as they make sense.



Unit Three Fourths





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Shifting





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Exercise 4a: Tablature can be read as first four strings of six-string bass or as a four-string bass tuned down a fourth to A. Remember to keep open string ringing to check intonation of fingering.

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Exercise 4a: (cont'd)



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Unit Four

Thirds and Tenths

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Major Thirds

Exercise 1: Pay close attention to fingerings and especially listen to your 2nd and 3rd finger relationships, which are notoriously out of tune. Switch to higher strings on shifts.





Unit Four

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Exercise 2: This exercise will place much strain on small hands. Practice over and over very slowly. Listen very closely! Let all notes ring over each other! Compare octaves with octaves, thirds with tenths, etc. Follow fingerings and play on fingertips.



Unit Four

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Minor Thirds

Exercise 4: The following exercise, if played properly, will force a good fourth to first finger relationship. I realize playing octaves with the first and fourth fingers is not easy, but comes in "handy" occasionally. The low root can't ring out, because of fingerings, but let the other notes ring.



Unit Five Sixths

Exercise 1: This is a hard one; make sure your 4/3 is accurate. Continue this up the neck and cross over to the A and G strings eventually. Remember if you have a chance to check intonation with open strings, do so!



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Unit Five: Sixths

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Exercise 2: Play this one very slowly and listen. Let all of the notes ring. Make your "adjustments" without disturbing your other fingers. Listen closely and train your ear to recognize which intervals are out of tune.



Exercise 5: Check your tuning at every opportunity. Figure out a practical fingering and write it in. Then figure out another one. Make music out of this one.



Unit Six

Triads

At this point, your relative pitch should be solid enough in most areas of the instrument. Let's review all of the intervals we've been over and then move on to some *fun* stuff! We have omitted certain intervals because they are "equivalent" to others we have studied, or we will hear them better in a chordal context.

Exercise 1: Let all of the notes ring as long as possible (especially the low notes). Listen closely to pitches and concentrate on fingers (left hand fingering and right hand alternation). The fingerings are up to you, just make them logical and practical. Make shifts smooth. Play this smoothly and feel your left hand muscles strengthening.



Unit Seven

Advanced Exercises



Unit Seven: Advanced Exercises

Exercise 2: This is a twelve-bar blues. Harmonically this is not so hip but our emphasis is on intonation and special effects. So feel free to "hip it up" a bit.



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Unit Seven: Advanced Exercises



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Unit Eight

Slides - Slides - Slides

Exercise 3: If you must, practice these in two-bar phrases. Get each two bars solid and put them together. Rely on your ears, not your eyes. Pay extremely close attention to the slides and their subtle changes. Make it sound musical and melodic.



Exercise 4: This exercise utilizes wider slides combined with major and minor tenths, sevenths, etc. Try to play it with as much expression as possible. Let all F's in bars 8-11 sustain.



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Unit Eight

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Exercise 4: (cont'd)





Units Nine and Ten

Slides and Blending

Exercise 1: Switch strings when you must. Each time you practice, use a different fingering (i.e., 1st, then 2nd, etc.). Listen with your ears, not your eyes. If you are extremely smooth, you can switch fingers on the slide, going down (start on 3 and land on 1). These exercises can become laborious or tedious but must be practiced consistently and thoroughly. They also can vastly improve your shifting on fretted bass, resulting in cleaner playing and more practical fingering.





Units Nine and Ten: Slides and Blending





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Unit Eleven

Fretless Effects

Exercise 2: Play the harmonic that resides in the same place the written note does. These also work nicely with double stops (these are to be played where the note is written, not where it sounds).



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FRETLESS BASS

Steve Bailey has toured and recorded with Jon Anderson, The Rippingtons, Dizzy Gillespie, Larry Carlton, Kitaro and Maynard Ferguson to name a few. His solo CDs and various projects with fellow bassist Victor Wooten have brought worldwide attention to his bass playing, particularly his mastery of the fretless. In addition to clinics and tours, Steve is also an integral part of B.I.T. (Musicians Institute) and writes the fretless column for Bass Player Magazine.

Fretless Bass is a 90 minute info-packed video edition of Steve Bailey's popular *Fretless Bass* book. Every aspect of playing fretless is explored as Steve takes you through intonation studies using various interval, fingering

and muscle memory techniques. You'll also learn his sliding and blending techniques and advanced exercises which include challenging etudes. A special section on fretless effects includes artificial harmonics and vibrato as well as thumb position on the fingerboard for extended range. You'll also see awesome live performances by Steve and his power trio. The accompanying booklet contains many of the examples.



